

"CHANGE"

STRICTLY 5 LINEDANCE

Choreographer: Junior Willis and Craig Bennett

Description: 32 Count, 4 Wall, 2 Restarts, Intermediate NC2-Step Linedance

Music: "Change" by Carrie Underwood

Start 16 Counts into music...



NC2 Basic, Step $\frac{1}{4}$ Left, $\frac{1}{2}$ turn, Rock, Recover, $\frac{1}{2}$ turn, $\frac{1}{4}$ turn, Step across, $\frac{1}{4}$ turn, Rock

- 1-2& Step R to right side, slide L behind R, recover on R
3-4& Step L forward with $\frac{1}{4}$ left, step R forward with $\frac{1}{2}$ left, rock back on L (3:00)
5&6-7 Recover on R, step L forward with $\frac{1}{2}$ right, step R out to R with $\frac{1}{4}$ R,
step L across R (12:00) (opening body up to right diagonal)
8& Step R out to right while making $\frac{1}{4}$ turn left, rock back on L (9:00)

Recover, Sweep, Coaster, $\frac{1}{2}$ Pivot, Step forward, $\frac{1}{2}$ Turn, $\frac{1}{4}$ Turn, Rock, Recover, Step out

- 1-2& Recover forward on R, sweep L around to front of R putting weight on L,
step back on R
3&4 Step L next to R, step forward on R, turn $\frac{1}{2}$ to left putting weight on L (3:00)
5-6& Step R forward, step L forward with $\frac{1}{2}$ turn right,
step R out with $\frac{1}{4}$ turn right (12:00)
7&8 Rock L behind R, recover on R, step L out to L (while sliding R toward L)

Rock, Recover, $\frac{1}{2}$ turn, Rock, Touch, Full Turn, Step, Chase $\frac{1}{2}$ turn with touch

- 1-2& Rock R behind L coming up on toes of L, recover on L,
step R forward with $\frac{1}{2}$ turn (6:00)
3& Rock L behind R, touch R toes in front of L
4&5 Step R forward with $\frac{1}{4}$ turn R, step L forward with $\frac{1}{4}$ turn R,
step R forward with $\frac{1}{2}$ turn R (6:00)
6-7&8 Step L forward, step R forward, $\frac{1}{2}$ pivot left putting weight on L,
touch R next to L (12:00)

NOTE: 4&5 should all be in one fluid motion to make the turn

Cross step, Cross step, Chase $\frac{1}{4}$ turn, Press, Sweep $\frac{1}{2}$ turn, Behind-Side-Cross, Sway, Sway

- 1-2 Step R over L (raising leg up slightly), step L over R (raising leg up slightly)
3&4& Rock R out to R, recover on L with $\frac{1}{4}$ turn L,
step R forward, press ball of L forward (9:00)
5-6 Step down on R while sweeping L around with $\frac{1}{2}$ turn to L, step L behind R (3:00)
&7 Step R out to R, cross step L over R
8& Step R slightly out to right and sway hips to right,
sway hips to left putting weight onto left

Begin Again.....

1st Restart:

Happens on the second wall after the first 16 counts

2nd Restart:

Happens on the third wall after the first 28& counts
(do the press on the left, then start the dance at the top)