

'Start Over'

Choreographer Dee Musk (UK) September 2011

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32 Count 2 Wall Intermediate/High Intermediate Dance - (* *Two Restarts.*)

Music:- 'Start Over' Beyonce' - Album - 4.

Track downloadable from iTunes – approx 3 mins 19 secs. BPM 76

16 Count Intro - approx 13 seconds.

Cross Back Side, Cross Back Side, Walk Walk, 1/2 Turn L, 1/4 Turn L, Point.

- 1,2& Travelling slightly backwards cross R over L, step back on L, step R to R side.
3,4& Travelling slightly backwards cross L over R, step back on R, step L to L side.
5,6 Walk forward R, walk forward L.
7&8 Make a 1/2 turn L stepping back on R, make a 1/4 turn L stepping L to L side,
Point R toe to R side. (3 o'clock)

Ronde 1/4 Turn, Cross Side Behind Ronde, Anchor Step, Ronde Behind Side Cross, Side Together.

- 1 Placing weight on R make a 1/4 turn R and ronde L to in front of R.
2&3 Cross L over R, step R to R side, cross L behind R and ronde R to behind L.
4&5 Rock back on R, recover weight forward on L, rock back on R.
6&7 Ronde L from in front to behind R crossing L behind R, step R to R side, cross L over R.
8& Step R to R side, step L beside R.
* **Restart 1 from here during wall 2, begin again facing 12 o'clock wall.** (6 o'clock)
** **Restart 2 from here during wall 5, begin again facing 6 o'clock wall.**

Cross 1/4 Turn R Step Back L, Step Back R, Coaster Cross, Side Rock Cross, Hinge 1/2 Turn R, Cross Rock Side.

- 1,2& Cross R over L, make a 1/4 turn R stepping back on L, step back on R.
3&4 Step back on L, step R beside L, cross L over R.
5&6 Rock R to R side, recover weight to L, cross R over L.
&7 Make a 1/4 turn R stepping back on L, make a 1/4 turn R stepping R to R side.
&8& Cross rock L over R, recover weight to R, step L to L side. (3 o'clock)

Cross, 1/2 Turn L With Cross Side Touch Behind, Unwind 1/2 Turn L, Run Back R,L,R Touch Back, 1/2 Turn L, Step Back 1/4 Turn L.

- 1 Cross R over L.
2&3 Make a 1/2 turn L cross stepping L over R, step R to R side, touch L toe behind R.
4 Unwind a 1/2 turn L (weight on L).
5&6 Run back R, run back L, run back R.
&7 Touch L toe back, make a 1/2 turn L (weight forward on L).
8& Step back on R, make a 1/4 turn L stepping L to L side. (6 o'clock)

* **Restart 1 – during wall 2, dance up to and including count 16& then begin again facing 12 o'clock.**

** **Restart 2 – during wall 5, dance up to and including count 16& then begin again facing 6 o'clock.**

xx Relax and enjoy ☺ xx